



# PAGODA



Service Above Self

One Profits Most Who Serves Best

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Published Weekly

## 10 November — Speaker Program



### Evelyne Bischof — MD, MPH, Associate professor

Evelyne Yehudit Bischof (Biskup), MD, MPH and Associate Professor at Shanghai University of Medicine and Health Sciences. Her training includes Harvard Medical School and affiliated hospitals (Mass General, Beth Israel, Brigham's and Dana Farber) as well as additional training through Columbia University and NY University. She is a specialist in Internal Medicine, Artificial Intelligence (AI) and digital health, with a research focus on oncology, preventative and precision medicine, biogerontology, and geronto-oncology. Dr. Bischof spent a decade practicing medicine, lecturing at medical schools and performing clinical and translational research in New York, Shanghai and Basel, Switzerland. She has extensive experience in scientific research and clinical practice at the following well known and highly reputable institutions: Fudan Cancer Institute and Hospital, Shanghai; Zhongshan Hospital (Fudan University), Renji Hospital (Jiaotong University) and Shanghai East Hospital (Tongji University).

Dr. Bischof has published over 70 peer-reviewed papers and is a frequent speaker at scientific and medical conferences. Known for an interest in preserving longevity, Dr. Bischof is well known for her excellent work in the field of medicine on an international and cross-cultural level, e.g. as a board member of the European Federation of Internal medicine, Swiss Society of Internal Medicine, Women's Brain Project and more.

### Birthdays of the month: November

- 08 — Marc Hunziker & Naomi Pena
- 19 — Thilo Ketterer
- 28 — Albert Khaoutiev

### Other Events

- 10.11 — Speaker Program @Kartel 6:30 - 8:30 pm
- 17.11 — Speaker Program @KunLun 6:30 - 8:30 pm
- 21.11 — Family Day @InclusionFactory 8:00 am- 3:00 pm
- 24.11 — Election Day @KunLun 6:30 - 8:30 pm

### The Four-Way Test 四大考驗 Officers & Directors

Of the things we think, say, or do:

我们说的做的要符合:

1. Is it the **truth**?  
是真的吗?
2. Is it **fair** to all concerned  
是公平的吗?
3. Will it build **goodwill** and **better friendships**?  
是善意并促进友谊吗?
4. Will it be **beneficial** to all concerned?  
是对大家有利吗?

- Tracy Hua – President
- Rita Malvone – Vice President
- David Smith – Secretary
- Christoph Wenner – Treasurer
- Thilo Köppe – President Elect
- Terri Lau – Immediate Past President
- Alejandro Rocha Buriel
- Alexander Hartmann
- Andreas Winterfeldt
- Ludovic Antérieur
- Nathalie Köppe

### Committees & Chairs

- Club Administration Chair: Thilo Köppe
- Membership Committee: Thilo Köppe
- Fellowship Committee: Rita Malvone
- Rotary Information Chair: Tiziana Richiardi
- Service Projects Committee: Alex Hartmann
- Youth Service Committee: Naomi Peña
- Rotary Foundation: Nils Lessmann
- Gift of Life (GOL): Terri Lau
- Sister Clubs: Motohiro Yamane
- Pagoda: Christian Kober
- PR Committee: Natalie Köppe; Tracy Hua
- RCS Alumni Committee: Andrew Hill
- Circle of Centennial Rotary Club: Terri Lau
- S-A-A: Alejandro Burial Rocha; David Smith

Highlights from Our Networking

November 03th, 2020

Dinner Attendance:

Members	06
Visiting Rotarians	01
Guests	08
<b>Total Headcount</b>	<b>15</b>

It has only been the third edition of Rotary Networking Evening and the format managed by Alex seems to work perfectly already! With a low rate of participants (due to the fact that many people are either traveling or busy working in this period) the atmosphere



was very intimate: Instead of the usual 4, we divided ourselves in 2 groups. we enjoyed everyone's 3 minutes presentation and exchanged interesting and innovative ideas.

One group discussed digital disruption in each one's industry and the other one was called upon to tell the other about a big career fail and the lessons they learned from it.

Ecstatic people and insightful stories came out together with delicious finger food and good value drinks kindly provided by Kartel.



A recap of RCS Sweat to End Polio

The past Sat afternoon, RCS members and friends had an amazing workout at Reebok CrossFit MeWellness, we broke into small groups for an hour-long functional fitness bootcamp style, it's a bit challenging for some of us but it's a good sweat!

Mewellness donated 100% of the class cost of RMB 3200 to the RI polio fund that will be matched 2 for 1 to make it RMB 9600 in total, effectively tripling the contribution, again, thanks to the Bill and Melinda Gates Foundation, thanks to the gym and people for coming to support.

It's RCS tradition that once a quarter we organize a group workout to support RI's Polio Fund, let's just keep it up!



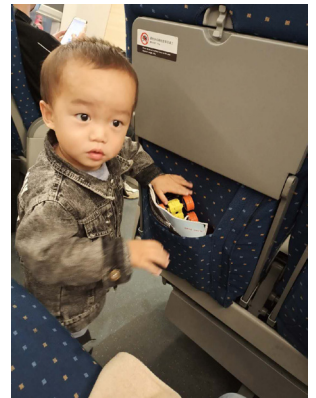
**Pizza Month Recap**

In the months of August and September 2020, RaCS through Sherpa`s raised 30,000RMB for the Rende Foundation. Introductions were made through our fellow Rotaractor Dusan and an initial request for collaboration by Skylar from Sherpas, who`s goal was to be involved in a charitable project and expressed great interest to work with RaCS.

After introductions RaCS proposed the already mentioned Charity Organization to work with Sherpa`s proposed the Pizza for charity project. Details for the project were decided upon by Sherpa`s and

supported by RaCS. Sherpa`s handle all logistics through their app team and operations team to get all restaurants in Beijing, Suzhou, Shanghai & Guangzhou together. Once done, Sherpa`s launched a series of marketing campaigns together with RaCS and their partners for the event. For the duration of the month Sherpa`s RaCS communicated both with Heart to Heart foundation and with each other on the progress of the campaign.

After the duration Sherpa`s alerted parties in the end of the campaign and initiated the transfer and lined up the surgery for 1 child. The surgery was successful with no complications and the child was visited by the Sherpa`s Team post Surgery.



**Book Your Calendar**

**ROTARY FAMILY DAY**

RSVP to Wivan by 2020/11/14

RMB 220 per person (incl. bus & lunch) ... Kids join for free!



**EXPERIENCE TRUE INCLUSION AT THE INCLUSION FACTORY**

The Inclusion Factory was founded back in 2014 with the goal to facilitate the inclusion of people with disabilities into society through meaningful employment, high quality vocational training & personal development programs.

Over the years based on continuous innovation, dedication and passion, the Inclusion Factory has been revolutionizing the inclusion of talents with mental and intellectual disabilities into the working life...and with it into the society.

Join us for a day filled with inspiration, joy & certainly emotions. Lend your hand at DIY stations...and bring your kids along as true inclusion starts with the open minds of our youngest.

See you at the Inclusion Factory...a project also seeded by our Club.

**Trip Agenda for November 21st, 2020**

- 08:00 - Assembly and Coffee at Starbucks @ Hongqiao Marriot Hotel (2270 Hongqiao Rd, metro line 10 Longxi station)
- 08:30 - Departure by bus to Taicang
- 09:45 - Arrival at Inclusion Factory
- 10:00 - Opening address
- 10:15 - Factory Tour & Workplace demonstrations
- 12:00 - Lunch (BBQ)
- 13:00 - Coffee & Games
- 14:30 - Departure by bus to Shanghai
- 15:15 - Arrival back to Hongqiao Marriot






**Rotary Club of Shanghai**

**CHRISTMAS PARTY**

Join us for a holly jolly holiday dinner

**DECEMBER 15, 2020**  
**6:30PM**  
**CASA MALVONE**  
**168 ZHENNING LU**  
**APT 20E**

Help Santa's favorite elf, Mama Carms, kick off the holiday season with a buffet dinner, homemade desserts, and lots of good cheer!  
 220/person  
 Reservations and Prepayment Required



